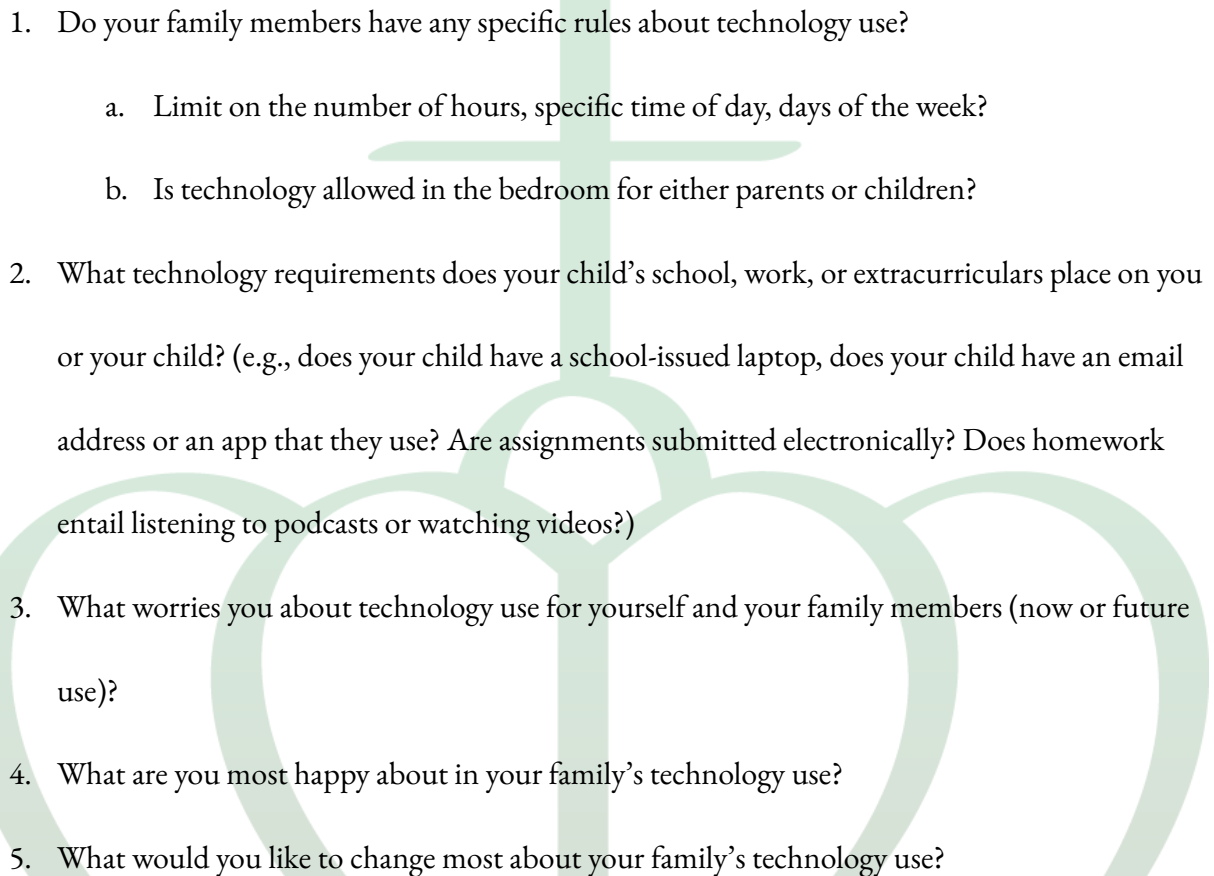


Devices and Desires of the Heart

March 5, 2023

How Smart Does My Kid Need to Be?: Tech Use in Family Life

Family Life

- 
1. Do your family members have any specific rules about technology use?
 - a. Limit on the number of hours, specific time of day, days of the week?
 - b. Is technology allowed in the bedroom for either parents or children?
 2. What technology requirements does your child's school, work, or extracurriculars place on you or your child? (e.g., does your child have a school-issued laptop, does your child have an email address or an app that they use? Are assignments submitted electronically? Does homework entail listening to podcasts or watching videos?)
 3. What worries you about technology use for yourself and your family members (now or future use)?
 4. What are you most happy about in your family's technology use?
 5. What would you like to change most about your family's technology use?

Lenten check in:

6. What is your Lenten sacrifice?
7. How did your sacrifice go this week?
8. What changes do you want to make next week better?

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