

THE HOLY EUCHARIST

THE SUNDAY AFTER ASCENSION

MAY 12, 2024

11:15 A.M.

CHRIST^{THE} KING

ANGLICAN CHURCH

Here I lay my life at the Savior's cross;
All my proudest days, now in Christ I count as loss.
There upon that hill where the blameless died,
There my guilt departs as the sun dispels the night.

Come and set your heart on things above,
Holding close the life to come;
Fix your eyes on Christ the saving one—risen King!
Come and find your life in Him.

Here I wait in faith for the King's return,
Wearing peace and love, to His gospel holding firm.
There the glorious reigns at His Father's side;
There my life is hid, in the kingdom of the light.

Grace came when I had nothing.
His light came when I was blind.
God spoke into my darkness:
He poured into my life.

~ Greg Cooper, et al., 2016

*Welcome to Christ the King! We are glad you are here.
Please visit our welcome area, fill out a guest card, and visit our website.
Rector: Rev'd Dr. David Glade
www.ctkalexandria.org*

Anglican worship orients us to the story of salvation by the Book of Common Prayer's liturgy of word and sacrament. A helpful guide is in the foyer. Liturgy means "the work of the people," so we invite you to participate actively!

OPENING HYMN: *Hail Thee, Festival Day*

Hymn #152

OPENING ACCLAMATION

Pastor Alleluia! Christ is risen!
People The Lord is risen indeed! Alleluia!

THE COLLECT FOR PURITY

People Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

THE SUMMARY OF THE LAW

Pastor Hear what our Lord Jesus Christ says:
You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the first and great commandment. And the second is like it: You shall love your neighbor as yourself. On these two commandments depend all the Law and the Prophets. *Matthew 22:37-40*

Pastor Lord, have mercy upon us.
People Christ, have mercy upon us.
Pastor Lord, have mercy upon us.

THE COLLECT OF THE DAY

Pastor The Lord be with you.
People And with your spirit.
Pastor Let us pray.

People O God, the King of glory, you have exalted your only Son Jesus Christ with great triumph to your kingdom in heaven: Do not leave us comfortless, but send us your Holy Spirit to strengthen us, and exalt us to that place where our Savior Christ has gone before; who lives and reigns with you and the Holy Spirit, one God, in glory everlasting. Amen.

SONG OF PRAISE: *Be Unto Your Name*

Supp. Hymnal

THE LESSON

Colossians 3:1-11

¹ If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. ² Set your minds on things that are above, not on things that are on earth. ³ For you have died, and your life is hidden with Christ in God. ⁴ When Christ who is your life appears, then you also will appear with him in glory. ⁵ Put to death therefore what is earthly in you: sexual immorality, impurity, passion, evil desire, and covetousness, which is idolatry. ⁶ On account of these the wrath of God is coming. ⁷ In these you too once walked, when you were living in them. ⁸ But now you must put them all away: anger, wrath, malice, slander, and obscene talk from your mouth. ⁹ Do not lie to one another, seeing that you have put off the old self with its practices ¹⁰ and have put on the new self, which is being renewed in knowledge after the image of its creator. ¹¹ Here there is not Greek and Jew, circumcised and uncircumcised, barbarian, Scythian, slave, free; but Christ is all, and in all.

Reader The Word of the Lord.
People Thanks be to God.

THE PSALM

Psalms 107:1-9,43

- ¹ O give thanks unto the LORD, for he is gracious, *
and his mercy endures for ever.
- ² Let those whom the LORD has redeemed give thanks, *
whom he has delivered from the hand of the enemy,
- ³ And gathered them out of the lands, from the east and from the west, *
from the north and from the south.
- ⁴ They went astray in the wilderness, even in the desert, *
and found no city to dwell in;
- ⁵ They were hungry and thirsty, *
and their soul fainted within them.
- ⁶ Then they cried unto the LORD in their trouble, *
and he delivered them from their distress.
- ⁷ He led them forth by a straight path *
until they came to a city where they might dwell.
- ⁸ Oh, that they would therefore praise the LORD for his goodness *
and declare the wonders that he does for the children of men!
- ⁹ For he satisfies the empty soul *
and fills the hungry soul with goodness.
- ⁴³ Whoever is wise will ponder these things, *
and shall understand the loving-kindness of the LORD.

*Glory be to the Father, and to the Son, and to the Holy Spirit;
as it was in the beginning, is now, and ever shall be, world without end. Amen.*

THE HOLY GOSPEL

Luke 24:44-53

Reader The Holy Gospel of our Lord Jesus Christ according to Luke.
People *Glory to you, Lord Christ.*

⁴⁴ Then he said to them, “These are my words that I spoke to you while I was still with you, that everything written about me in the Law of Moses and the Prophets and the Psalms must be fulfilled.” ⁴⁵ Then he opened their minds to understand the Scriptures, ⁴⁶ and said to them, “Thus it is written, that the Christ should suffer and on the third day rise from the dead, ⁴⁷ and that repentance for the forgiveness of sins should be proclaimed in his name to all nations, beginning from Jerusalem. ⁴⁸ You are witnesses of these things. ⁴⁹ And behold, I am sending the promise of my Father upon you. But stay in the city until you are clothed with power from on high.”

⁵⁰ And he led them out as far as Bethany, and lifting up his hands he blessed them. ⁵¹ While he blessed them, he parted from them and was carried up into heaven. ⁵² And they worshiped him and returned to Jerusalem with great joy, ⁵³ and were continually in the temple blessing God.

Reader The Gospel of the Lord.
People *Praise to you, Lord Christ.*

SERMON

The Rev'd Peter Schwanda

THE NICENE CREED

Pastor Let us confess our faith in the words of the Nicene Creed:

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, visible and invisible.

We believe in one Lord, Jesus Christ, the only-begotten Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made.

For us and for our salvation he came down from heaven,

was incarnate from the Holy Spirit and the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;

he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshiped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one Baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

Leader Let us pray for the Church and for the world, saying, “hear our prayer.”

THE CONFESSION AND ABSOLUTION OF SIN

Leader Let us humbly confess our sins to Almighty God.

People Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

THE PEACE

Pastor The Peace of the Lord be always with you.

People And with your spirit.

ANNOUNCEMENTS

There are cards in the pew racks for prayer requests and for guests to let us know of their presence.

THE PRAYER OF CONSECRATION

The People sit to pray. The Pastor continues

Holy and gracious Father: In your infinite love you made us for yourself; and when we had sinned against you and become subject to evil and death, you, in your mercy, sent your only Son Jesus Christ into the world for our salvation. By the Holy Spirit and the Virgin Mary he became flesh and dwelt among us. In obedience to your will, he stretched out his arms upon the Cross and offered himself once for all, that by his suffering and death we might be saved. By his resurrection he broke the bonds of death, trampling Hell and Satan under his feet. As our great high priest, he ascended to your right hand in glory, that we might come with confidence before the throne of grace.

On the night that he was betrayed, our Lord Jesus Christ took bread; and when he had given thanks, he broke it, and gave it to his disciples, saying, "Take, eat; this is my Body, which is given for you: Do this in remembrance of me."

Likewise, after supper, Jesus took the cup, and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the forgiveness of sins: Whenever you drink it, do this in remembrance of me."

Therefore we proclaim the mystery of faith:

People *Christ has died.*
 Christ is risen.
 Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving, and we offer you these gifts. Sanctify them by your Word and Holy Spirit to be for your people the Body and Blood of your Son Jesus Christ.

Sanctify us also, that we may worthily receive this holy Sacrament, and be made one body with him, that he may dwell in us and we in him. In the fullness of time, put all things in subjection under your Christ, and bring us with all your saints into the joy of your heavenly kingdom, where we shall see our Lord face to face.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit, all honor and glory is yours, Almighty Father, now and for ever. *Amen.*

THE LORD'S PRAYER

The Pastor then says

And now as our Savior Christ has taught us, we are bold to pray:

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE FRACTION

The Pastor breaks the bread. A period of silence is kept.

THE PRAYER OF HUMBLE ACCESS

We do not presume to come to this your table, O merciful Lord, trusting in our own righteousness, but in your abundant and great mercies. We are not worthy so much as to gather up the crumbs under your table; but you are the same Lord whose character is always to have mercy. Grant us, therefore, gracious Lord, so to eat the flesh of your dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen.

THE AGNUS DEI

Supp. Hymnal

COMMUNION HYMN:

Jerusalem, My Happy Home (vv.1-3,6)
All I Have is Christ

Hymn #630
Supp. Hymnal

THE POST COMMUNION PRAYER

Pastor Let us pray.
People *Heavenly Father, We thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the body of your Son, and heirs of your eternal Kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.*

THE BLESSING

The Pastor gives this or an alternate blessing.

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. *Amen.*

CLOSING HYMN: A Hymn of Glory Let us Sing

Hymn #153

THE DISMISSAL

Deacon Let us bless the Lord. Alleluia, Alleluia.
People *Thanks be to God. Alleluia, Alleluia.*

Prayer at the Rail is available immediately following the service.

SERMON NOTES
Colossians 3:1-11
Set Your Mind on Things Above

When facing downward temptations...

*“He gives them ‘the four imperatives of Christian spirituality’:
Seek the things above. Set your mind on things above.
Put to death what is earthly in you. Put away the life you once lived.”*
(Lucas, *The Message of Colossians and Philemon*)

Begin by looking upward...

“If then you have been raised with Christ, **seek** the things that are above, where Christ is, seated at the right hand of God. (3:1)

“**Set your minds** on things that are above, not on things that are on earth.” (3:1-2)

So that the upward will transform the inward...

“**Put to death** therefore what is earthly in you...” (3:5)

And the inward will transform the outward.

“But now you must **put them all away...**” (3:8)

“**Put on** the new self...” (3:10)

“Put on then, as God’s chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience, bearing with one another and, if one has a complaint against another, forgiving each other; as the Lord has forgiven you, so you also must forgive. And above all these put on love, which binds everything together in perfect harmony.” (3:12-14)

TODAY AT CHRIST THE KING

9:00a.m.	Holy Eucharist Nursery D 2 & 3 year olds E Pre-K4 - Kindergarten C 1st & 2nd Grade F	11:15 a.m.	Holy Eucharist Nursery D 2 & 3 year olds E
10:15 a.m.	Education & Formation Adults Sanctuary (Creeds & Councils) Nursery D 2 & 3 year olds E Kindergarten - 2nd Grade C 3rd - 5th Grade A Middle School F High School B	4:30 p.m.	No Youth Bible Studies
		5:30 p.m.	No Youth Group

PARISH ANNOUNCEMENTS

PENTECOST POTLUCK: May 15. 6:00 p.m. Join us for the “Pentecost” Potluck, a meal to celebrate the diversity of God’s kingdom. Please sign up to bring a main dish, side, or dessert to share that represents your heritage or ethnicity. There is a QR code on the bulletin board or a link from the website to sign up. The church will provide drinks and paper products. We will conclude our meal with the brief service of Compline.

MILESTONE MINISTRY: May 19, 26 & June 2. 10:15 a.m. Join us for Youth Confirmation, Spring Membership and First Communion Classes!

ORGAN DEDICATION SERVICE & CONCERT: May 19. 4:00 p.m. Join us to celebrate our new organ and enjoy a concert by Dr. Randall Sheets! You can read his biography in the foyer.

MEN’S CAMPING TRIP: May 31 - June 1. Grassland, VA. Sign up to join the men of CTK for a fun weekend of camping, fellowship, hiking and building a campfire. RSVP in Realm.

SAVE THE DATE

Visit www.ctkalexandria.org for more event information.

- **WEDNESDAYS:** Holy Eucharist at noon & Evening Prayer from 6:30 - 7:00 p.m.
- **LADIES’ LUNCH BUNCH:** May 19. 12:30 p.m. Join the CTK Women at Rampart’s after the second service.
- **LADIES’ CAREGIVER SUPPORT GROUP:** May 20. 1:30 p.m.
- **BAPTISM:** June 2.
- **MEMBERSHIP SUNDAY:** June 9. Bishop visit, confirmation and reception of new members.
- **FOOD TRUCK TUESDAY:** June 18. 5:30 - 7:30 p.m.
- **VACATION BIBLE SCHOOL:** June 18 - 21. 9:00 - 11:30 a.m.
- **FOOD TRUCK TUESDAY:** July 9. 5:30 - 7:30 p.m.
- **YOUTH MISSION TRIP TO NORTH CAROLINA:** July 20 - 27.
- **CTK NATIONAL GALLERY OF ART OUTING:** August 4. 1:30 p.m.
- **CTK NATIONALS GAME OUTING:** August 11. 1:00 p.m.
- **FOOD TRUCK TUESDAY:** August 13. 5:30 - 7:30 p.m.

You may make a financial offering through our online database Realm by scanning the QR code. All gifts support the work of the Gospel through this church.

